



Pregnancy &
Parenting Support
Home Care
Hospice
Interpretation
Community Health
Grief & Loss Services

Nonprofit, Since 1908

When Life Changes, We're With You, at EveryStep.

EveryStep 

Program Guide

Updated August 2024



EveryStep is one of the oldest and largest nonprofit organizations in the state. When Iowans face life's most difficult moments, EveryStep offers support and empowerment in the right place and at the right time.

Our people and programs provide support and education to young moms; assistance to immigrants and refugees; in-home care to people who are ill, injured or facing the end of life; and compassionate support to families during times of grief and loss.

OUR MISSION

We empower individuals, support families and strengthen communities.

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30+
programs

360
employees

99 counties

Every corner of the state is touched by at least one EveryStep program.

500+ *volunteers*

Nearly
60,000
Iowans
served
last year

Our History

EveryStep has been serving the needs of Iowa's most vulnerable populations since 1908.

1908

EveryStep is founded as Visiting Nurses' Association of Des Moines, later becoming Visiting Nurse Services of Iowa.

1978

Hospice of Central Iowa is founded and begins providing home hospice care in Des Moines and the surrounding areas.

1993

Hospice of Central Iowa opens Kavanagh House in Des Moines, central Iowa's first hospice house.

2010

Our thrift store, now known as EveryStep Giving Tree, opens in Urbandale to benefit patients and families.

2011

Hospice of Central Iowa becomes "HCI Care Services" as services grow and offices are established outside of central Iowa.

2012

HCI Care Services & Visiting Nurse Services of Iowa merge to form a single organization with 30+ programs.

2014

Expansion of services continues with the addition of:
Amanda the Panda Grief Support Services – *West Des Moines, IA*
Hospice programs in *Council Bluffs and Winterset, IA*

2018

HCI Care Services & Visiting Nurse Services adopts the name **EveryStep** to better reflect its mission and scope of services, bringing all programs together under a unified name.

2020

Home Care services continue to grow with the addition of six more counties in southern Iowa, bringing the total to 24 counties served.

2023

EveryStep celebrates 115 years of service to our community.

Our Vision

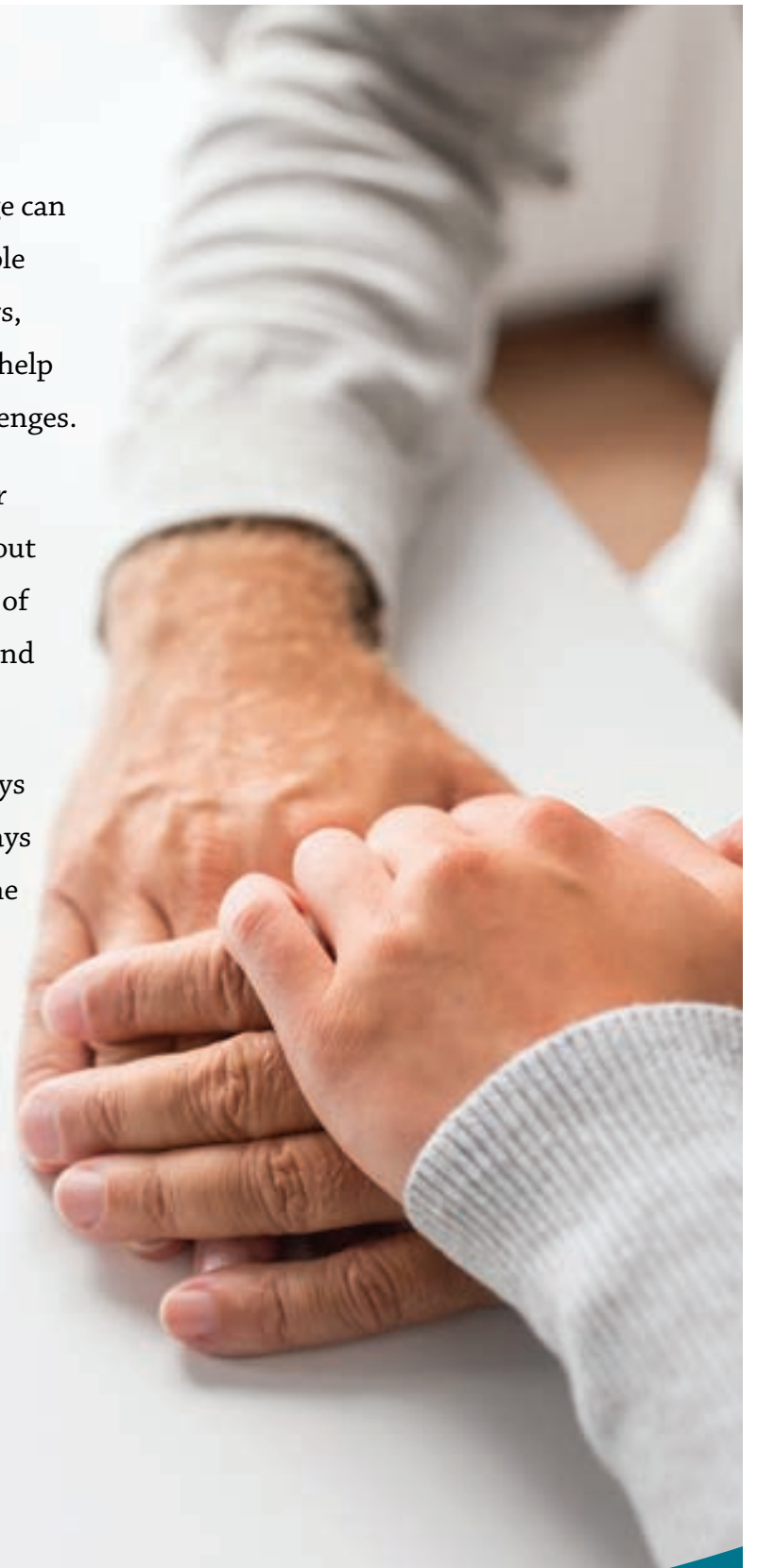
Life is fragile. For any of us, a daunting challenge can surface in a heartbeat, creating an unpredictable path. Because of our dedicated staff, volunteers, donors and community partners we're able to help vulnerable Iowans face life's changes and challenges.

In the coming years, we'll continue to grow our programs and people, explore needs and seek out new opportunities that exemplify our mission of empowering individuals, supporting families and strengthening communities.

You can be confident that our efforts will always align with our mission, and our future will always be guided by our vision — that EveryStep is the recognized and trusted leader in supporting people as they navigate life's challenges, through diverse expertise and inclusive care.



Tray Wade
EveryStep President and CEO



Our Programs



1st Five - Healthy Mental Development Initiative

This program is funded by the Iowa Legislature (IDPH) to assist medical providers in enhancing well-child care for children birth to age 5 through surveillance and screening of child development, family stress indicators and caregiver depression. If a concern is detected through completion of surveillance or a developmental screening tool, the child is then linked to EveryStep for developmental support services. A referral to 1st Five for a child birth to 5 years old often benefits the whole family.

After developmental support services are provided, the 1st Five Developmental Support Specialist then contacts the referring medical provider regarding the outcome of the referral. The 1st Five program is available to any medical provider or clinic providing primary care services that is willing to implement the 1st Five referral form and developmental screening tool(s). Any child identified as needing additional services is eligible for developmental support services.

(515) 558-9954

Serving Dallas, Madison, Polk and Warren counties





Amanda the Panda

A program of EveryStep Grief & Loss Services

Amanda the Panda offers free support to children (age 5 and older) and individuals following the death of a loved one. Activities include peer support groups, school-based grief support, community support, Cheer Box and supplemental programming.

Braving Grief: Support Groups

Groups aim to foster a safe and supportive space, with a focus on finding personal strength, forming deeper relationships, sharing stories, discovering more meaning in life, and seeing new possibilities. With the goal of promoting peer support and connectivity, support groups work to recognize how grief affects our minds and our bodies. Trained facilitators guide groups through meaningful discussion and activities. Each activity helps participants learn healthy coping skills, and create rituals to honor their loved ones who have died.

Groups are open to adults, and to children ages 5 and older. Multiple grief group sessions are held throughout the year at our office in West Des Moines.

School-Based Grief Support

EveryStep's Amanda the Panda program has provided on-site programming at more than 50 Iowa schools to support children experiencing grief and loss. Throughout each 6-week session, students share their grief stories, connect with peers and learn resiliency skills to feel better equipped to cope with grief in healthy ways.

By giving kids healthy coping skills and tools to address their grief, we can help them down a path that leads to healing, positive relationships with others, and success at school. Our group-based approach provides the necessary amount of support for most kids, while allowing our staff to identify kids who need a higher level of support.

Cheer Box Program

Each year, hundreds of "Cheer Boxes" containing thoughtful gifts are delivered to grieving families and individuals throughout Iowa and beyond. Gifts are meant to bring comfort to anyone experiencing the holidays for the first time following the death of a loved one. Nominations are accepted throughout the year and Cheer Boxes can be delivered anywhere in Iowa.

(515) 223-4847

griefandloss@everystep.org

Grief support provided in central Iowa





Care For Kids – EPSDT

EveryStep operates Care for Kids — an Early Periodic Screening, Diagnosis & Treatment (EPSDT) program. EPSDT is the benefit package of Medicaid/Title 19 for individuals under age 21 years. The focus is to:

- Inform families of the benefits they receive with Medicaid/Title 19.
- Help individuals secure a medical and dental home.
- Ensure that eligible individuals receive and understand the importance of preventative health care.
- Link families to other community resources to improve their health and well-being (WIC, Early ACCESS, parenting classes, child care assistance, housing assistance, food pantries, etc.).

(515) 283-1422 or (877) 540-1422

careforkids@everystep.org

Serving Dallas, Madison, Polk and Warren counties



Child Care Nurse Consultant (CCNC) Program

The CCNC Program provides on-site consultation and training to early education centers and child care providers on issues related to health and safety. Our nurses offer technical assistance, conduct assessments, provide help with disease outbreaks and collaborate to make improvements in child care programs. They also perform screenings, help develop care plans for children with special needs and make referrals to other programs when appropriate.

(515) 558-9946

Serving Dallas, Madison, Polk and Warren Counties

Correctly Compliant Program

This program aims to ensure that all pre-K children who attend a licensed child care center meet the minimum immunization requirements based on Iowa law. Our nurses conduct on-site audits of immunization records, provide written documentation on children without required immunizations, make referrals to health care providers, look up immunizations and provide technical assistance to improve record keeping.

(515) 558-9946

Serving Polk County



Children at Home

A program of Iowa Family Support Network

The Children at Home program assists families raising a child (ages 0-21) with a disability by helping them obtain needed services and supports that are necessary in helping their child remain at home.

Financial assistance enables families to obtain services and supports that are not met by insurance or other programs. Examples include special adaptive devices, camps for children with disabilities, travel expenses, nutritional supplements, respite care and educational seminars. The family's intent must be to secure these resources to enable their child to remain in the family home, function more independently in the home and engage in the community. Income guidelines apply. Applications can be found at iafamilysupportnetwork.org

1-888-IAKIDS1 (1-888-425-4371)

iafamilysupportnetwork@everystep.org

Statewide service



Community Home Visitation

The Community Home Visitation Program provides nursing visits to pregnant and parenting women living in Polk and Dallas counties. Registered nurses provide: prenatal and postpartum health education, child development screening and education, prenatal depression screening and referral, referrals to community resources, nutrition counseling and family planning counseling. Interpretation services are available upon request.

(515) 558-9946

Serving Polk and Dallas counties



Contract Nursing

EveryStep Community Health offers nursing services to businesses and organizations that lack on-staff nurses to support the health needs of their clients and employees. Our nurses provide clinical services and health education based on the specific health concerns of each organization. The frequency and duration of visits are also scheduled according to each organization's needs. Our nurses have the experience and expertise to also offer guidance and referrals to other community agencies serving similar populations. Services include, but are not limited to:

- Immunizations including Hepatitis A/B and TDaP vaccinations
- Tuberculosis skin testing
- Nursing assessments
- Medication management
- First Aid and CPR certifications (American Heart Association)

(800) 806-9934

Serving Polk County and surrounding areas



Correctional Facilities 5th Judicial

EveryStep Community Health nurses provide on-site nursing assessments at both the men's and women's residential facilities in Des Moines for offenders who have recently been released from jail or prison through work release and probation programs. Our nurses:

- Provide individual screenings of personal health conditions
- Work with 5th Judicial staff to make necessary referrals to physicians for health or dental needs
- Provide tuberculosis skin testing
- Provide on-site classes for employees in regard to medication allotment

(800) 806-9934

Serving Polk County



Family Planning/Title X Program

To ensure family planning resources are accessible to all who need them, EveryStep brings its free or low-cost family planning services, education, testing and counseling to you in the comfort of your home **or location of choice** — when it's convenient for you. For most services, you don't have to worry about the time and expense of arranging transportation to a clinic.

After confirming your eligibility, a nurse will visit you to conduct a confidential assessment. Some of the services provided include:

- Birth control, pregnancy testing and education
- Preconception counseling and referrals for fertility concerns.
- STI and HIV testing, treatment, referrals and education
- Referrals to providers who can perform annual, reproductive health exams and other preventative screenings and vaccinations.

If you are eligible, most of your basic family planning services will be paid for. No one is turned away for inability to pay.

(515) 558-9946
everystep.org/family-planning

Serving Dallas, Madison, Polk and Warren counties

*EveryStep's interpreters
are available upon request.*



Fathers Matter

EveryStep offers a special program for new and expecting dads called Fathers Matter. The program offers support, education and information for fathers of children enrolled in the Healthy Start Project.

Our Fathers Matter consultant can provide:

- Home visits
- Tips for new dads
- Information about baby's health
- Information about safety concerns
- Strategies to help fathers succeed

(515) 558-9946
everystep.org/healthystart

Serving Polk County



Grief & Loss Services

EveryStep offers grief support at no cost to anyone following the death of a loved one. Our professional bereavement counselors lead group sessions in a relaxed and comfortable setting, allowing for sharing and growth. Sessions are typically held at or near our hospice offices (see list on page 18).

In addition to support groups, our bereavement counselors offer memorial events, educational resources and one-on-one visits when needed. Support is most often sought by family and friends of EveryStep's hospice patients; however, prior use of our services is not a requirement— everyone is welcome.

Grief Support Groups

The following support groups are offered throughout the year for individuals 18 and older.

- **Touching Our Grief** is an ongoing, monthly grief support group.
- **Understanding Your Grief** is an eight-week educational program which helps facilitate the basic skills needed to heal through the pain of grief.

Amanda the Panda

Amanda the Panda is a program of EveryStep Grief & Loss Services that provides peer-based support groups for children (ages 5 and up), teens and adults. Other offerings include support groups for specific types of loss such as traumatic loss, perinatal loss and anticipatory loss.

Amanda the Panda also provides support within schools to help children cope with grief that results from a death, incarceration, divorce or other traumatic event.

More information about Amanda the Panda can be found on page 4.

Cheer Box

Each year, hundreds of "Cheer Boxes" containing thoughtful gifts are delivered to grieving families and individuals throughout Iowa. Gifts are meant to bring comfort to anyone experiencing the holidays for the first time following the death of a loved one. Nominations are accepted throughout the year and Cheer Boxes can be delivered anywhere in Iowa.

(515) 223-4847

griefandloss@everystep.org

Serving throughout Iowa



Hawki

EveryStep helps families sign up for Hawki, an affordable medical and dental insurance program for children under 19. Unlike other programs with more restrictive income guidelines, Hawki coverage can help families at a wide variety of income levels. The monthly premium costs are based on income, but no family pays more than \$40 per month, regardless of how many children they have.

EveryStep's Hawki outreach specialists can answer questions about Hawki and Medicaid, assist with completing forms and applications, determine eligibility, provide same day enrollment and help families through next steps.

(515) 558-6243

mchoutreach@everystep.org

everystep.org/hawki

Serving Dallas, Madison, Polk and Warren counties



Healthy Homes Iowa

Healthy Homes Iowa is a collaborative effort between EveryStep and community partners to reduce health hazards within homes in Polk County. Eligible renters and owners can receive free assessments and modifications to address issues that can cause potential illness or injury.

Many things inside a home can cause injury or illness, especially to children and older adults. Some potential health hazards include:

- Moisture and mold.
- Poor ventilation.
- Pests and insects.
- Poor lighting and trip hazards.
- Excessive cold or heat.

If a household qualifies, an EveryStep Healthy Homes consultant can visit the home to make a full assessment and recommendations, provide education, help residents obtain items to make their space safer, and coordinate contractors when necessary.

(515) 333-4549

healthyhomes@everystep.org

healthyhomesiowa.org

Serving Polk County



Healthy Start & Empowerment

Healthy Start & Empowerment provides case management to families in Polk County who are pregnant or have a child up to the age of six.

Services include:

- Home visits
- Prenatal, postpartum and parenting education
- Child development screenings and education
- Prenatal depression screenings and referrals
- Support groups
- Referrals to community resources and support in accessing services

Referrals can be made by a physician, social worker, family member or friend. Individuals may also self-refer.

(515) 558-9946

everystep.org/healthystart

Serving Polk County



Home Care

EveryStep Home Care has been providing trusted home nursing services for more than 100 years. We deliver the support and coordinated care patients need to continue living independently after an illness, injury or hospitalization.

Comprehensive care includes skilled nursing; physical, occupational and speech therapy; counseling; personal care and other services. Care is provided in our patients' homes, and coordinated with their physician and other health care providers.

With three offices located in Des Moines, Creston and Centerville our staff provide care in 24 counties across central and southern Iowa.

To make a home care referral, call (844) 651-9130

Serving 24 counties – see map on page 18



Hospice Care

EveryStep Hospice helps those living with serious, life-limiting illness make the best out of every day by managing pain and symptoms, helping with daily needs and providing emotional and spiritual support. Members of the hospice care team include the patient and their family, the patient’s physician and/or an EveryStep team physician or nurse practitioner, nurses, aides, social workers, spiritual care counselors, bereavement counselors and other professionals. Together, they create a customized plan of care to meet each patient’s needs and quality-of-life goals.

Support for our nation's Veterans is an important aspect of the care we provide, and we are proud to be a partner in the "We Honor Veterans" program. Each year, our hospice staff and Veteran-to-Veteran volunteers provide specialized care to veterans and hold recognition ceremonies in honor of their service.



Additionally, EveryStep has hundreds of dedicated hospice volunteers who help support patients and their families by providing emotional support and friendship, helping with small household tasks, running errands and more.

Kavanagh House

Most hospice care happens in people’s homes. However, when a patient needs around-the-clock hospice care, including pain and symptom management, EveryStep’s Kavanagh House house is available, which provides a home-like atmosphere with private bedrooms, a family room, family café and other amenities.

To make a hospice referral, call (515) 333-4552

Serving 35 counties — see map on page 18.

For a list of all hospice offices and locations, visit everystep.org/locations.



Interpretation

EveryStep Interpretation serves as a gateway, helping Iowa's immigrants and refugees gain access to vital services and resources in our community. Our interpreters bridge language gaps for clients and patients across EveryStep's many programs, and are available to contract with other businesses and organizations to eliminate communication barriers with their own clients. As a non-profit program, all proceeds benefit children and families served by EveryStep.

- We provide interpretation in more than 25 languages and dialects.
- Staff are knowledgeable about the community's health and human services programs.
- Our interpreters are native speakers with in-depth language and cultural knowledge to help clients understand.
- Our interpreters are empathetic and compassionate, working to achieve the best outcomes for each client.

(515) 557-9008

interpretation@everystep.org

In-person services are available in Polk County.

Virtual assistance is available statewide.



Community Interpreter Training

EveryStep, in partnership with Real Time Interpretations, offers several levels of interpreter training courses, designed to help participants learn the standards of practice to become professional interpreters. Participants must be bilingual in English and at least one other language. Call for more information.

(515) 271-1321

interpretertraining@everystep.org

Serving Central Iowa

Refugee Immigrant Guide (RIG)

The Refugee Immigrant Guide (RIG) Program is a community partnership that provides services for refugee and immigrant families who face language and cultural barriers and are involved with the Iowa Department of Human Services (DHS) or juvenile court.

EveryStep interpreters serve as guides in the program, providing interpretation, cultural understanding, advocacy and help with understanding processes related to DHS and the court system.

(515) 271-1304

Serving Polk County



Iowa Family Support Network (IFSN)

The Iowa Family Support Network provides a coordinated intake and referral system to assist families with children ages 0-5. Through this statewide service, families, healthcare providers and other professionals may call the toll-free number or make an online referral through the IFSN website whenever there is a concern about a child's development.

Our staff provide support and links to community resources, such as childcare providers, nurses and healthcare providers, group-based parent education, housing assistance, employment opportunities, access to health insurance and legal help.

The IFSN website — iafamilysupportnetwork.org — is an important component of this program. Here, families and professionals can find a searchable state resource directory, information about child development from birth to age 5, a guide to Iowa's **Early ACCESS program**, a **list of support services in each county** and much more.

1-888-IAKIDS1 (1-888-425-4371)

iafamilysupportnetwork.org

Statewide



I-Smile™

I-Smile™ is a statewide program that helps children ages 0-20 and pregnant women get the dental care they need. EveryStep's dental professionals reach out to at-risk communities to provide free oral health screenings, fluoride application, oral health education, referrals to dentists and more. Through this outreach, they can prevent cavities before they start, make referrals for urgent procedures and assist parents with finding a dentist for regular checkups.

Dental Voucher Program

EveryStep's dental hygienists provide direct services and care coordination to uninsured children who do not qualify for Medicaid or Hawki. They may also assign vouchers for dentists contracted with EveryStep to be used for treatment of critical oral health needs following the approval process.

(515) 557-9023

Serving Dallas, Madison, Polk and Warren counties



Nine2Thrive™

EveryStep's Nine2Thrive™ program supports the healthy development of babies during pregnancy. Studies show that stress during pregnancy can have a direct effect on unborn babies, possibly resulting in pre-term birth, low birth weight and poor physical and emotional health by the age of 18 months. Additionally, there is evidence that stress can imprint on a developing baby's DNA, resulting in negative health issues across multiple generations.

The Nine2Thrive™ project model is a public-private partnership bridging primary care and public health services. If a concern is identified during an initial intake assessment at a prenatal visit with an obstetrician or midwife, the mother is connected to a Nine2Thrive™ support specialist. The support specialist coordinates referrals and interventions, and provides targeted follow-up with the mother. These services are also extended to address the needs of the entire family.

(515) 333-4533

Nine2Thrive@everystep.org

Serving Dallas, Polk and Wayne counties



Nurse-Family Partnership

The Nurse-Family Partnership program matches first-time parents with a nurse home visitor who provides education and support that begins during the mother's pregnancy and continues until the child turns 2 years old. Education focuses on healthy behaviors, what to expect during pregnancy, infant care and their child's growth and development.

The Nurse-Family Partnership model is an evidence-based, nationally-recognized model to improve pregnancy outcomes, child development outcomes and family self-sufficiency.

(515) 558-9946

Serving Polk County



Senior Companion

The Senior Companion program provides weekly assistance at no cost to older adults who may be homebound and can benefit from extra social/emotional support, transportation to appointments, help with shopping, or respite for clients' caregivers.

The program recruits seniors, age 55 or older, to serve as "Senior Companions" to people in their community while earning a tax-free hourly stipend and other benefits. Participants report that they are better able to remain living independently in their home with help from the Senior Companion program.

(515) 558-9957

seniorcomp@everystep.org

Serving clients in Lucas, Marion, Polk, and Warren counties

(515) 499-5464

seniorcompwest@everystep.org

Serving clients in Pottawattamie County



Senior Health

EveryStep's community health nurses provide on-site health screenings and presentations at various community centers and senior housing complexes each month. Services include blood pressure checks, foot care and health education related to diabetes, high blood pressure, heart health, cholesterol, nutrition and flu prevention.

(855) 867-4692

Serving Polk County



Share The Joy

The holidays can be stressful for families in need — gifts and special celebrations often take a back seat to basic necessities. Through **EveryStep's Share the Joy program**, individuals can support families by fulfilling basic needs like groceries, laundry detergent, paper goods and more.

A simple act of kindness can provide temporary relief, but it can also provide hope. Support from the community helps people feel connected to others — and to critical support systems — so that families know they are not alone.

(515) 271-1335

Serving the Greater Des Moines Area



Stork's Nest/Family Nest

Stork's Nest is an educational incentive program for new and expecting moms who live in Polk and Dallas counties and meet income guidelines.

Participants earn points for healthy behaviors such as keeping medical appointments, smoking cessation, WIC participation, breastfeeding, school attendance and more. Points can then be redeemed at the Stork's Nest store for needed baby items such as diapers, clothing, strollers, cribs and car seats. Parenting and prenatal classes are also available.

Family Nest is an extension of Stork's Nest and allows families to obtain other items like laundry soap and other household supplies.

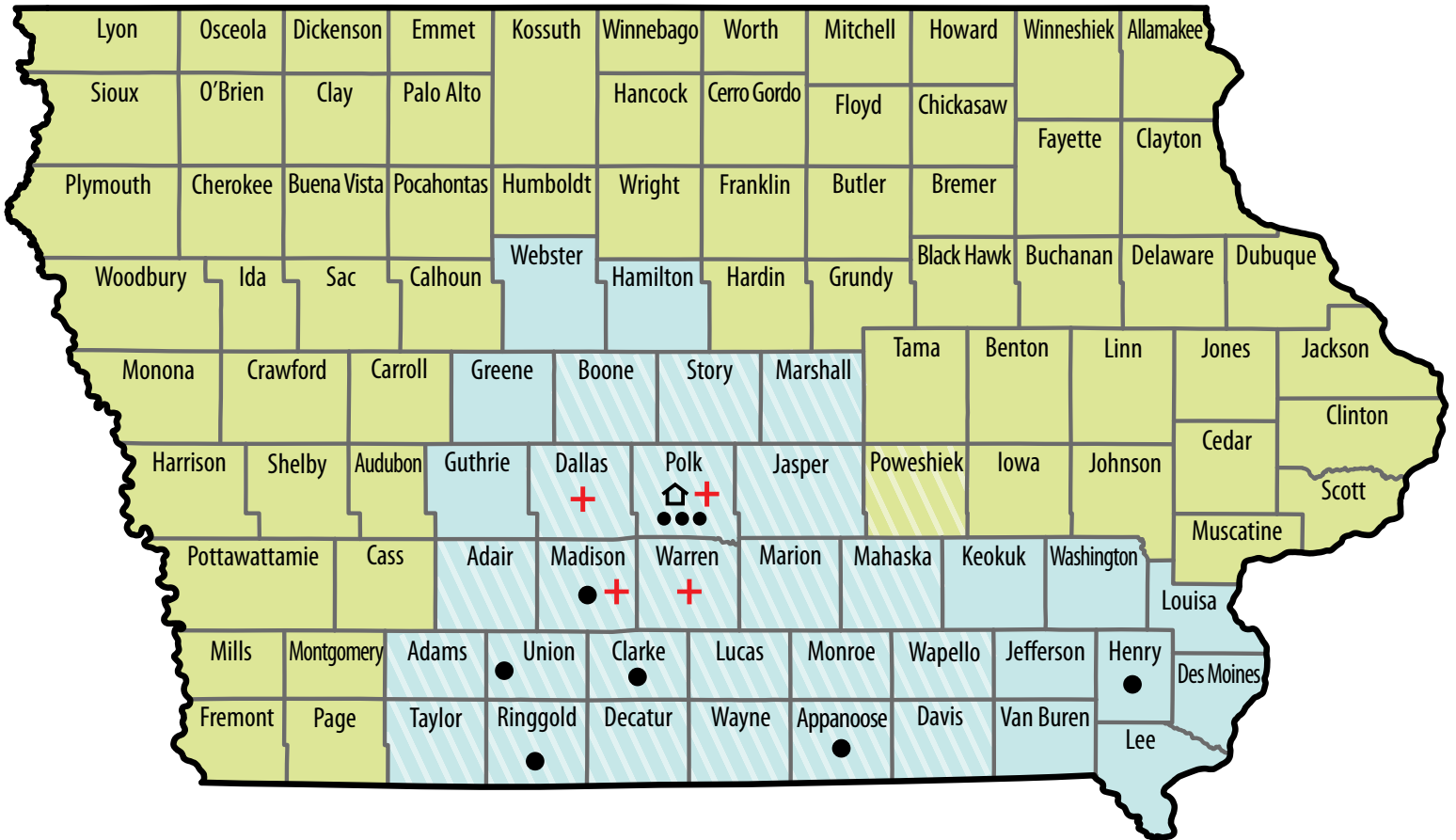
(515) 558-9950

Serving residents of Dallas and Polk counties

Where We Serve

Our service area is concentrated in 36 counties, however, EveryStep's impact extends across all of Iowa, with at least one program available in each of Iowa's 99 counties.

- Office Locations
- 🏠 Kavanagh House Hospice Home



HOSPICE
provided throughout all blue counties

HOME CARE
provided throughout striped counties

+ **SUPPORT FOR CHILDREN & FAMILIES**
Counties with emphasis on services for children & families

■ At least one EveryStep program or service is available in each of these other counties

STATEWIDE SERVICES

- Children at Home
- Iowa Family Support Network
- Interpretation & Translation
In-person interpretation available only in Polk and Dallas counties. Tele-interpretation available statewide.
- Grief & Loss Services
Free grief support groups and other programming takes place at our offices, however, they are open to residents of any county. Cheer Boxes are delivered throughout the state.

6 Hospice Offices

Centerville
Des Moines
Mount Ayr
Mount Pleasant
Osceola
Winterset

3 Home Care Offices

Centerville
Creston
Des Moines

1 Hospice House

Kavanagh House, Des Moines

1 Office Serving Children & Families

Des Moines

1 Grief & Loss Center

West Des Moines

For more information, visit

everystep.org/locations

EveryStep Giving Tree

Shop

Located in Urbandale, Iowa, EveryStep Giving Tree is an upscale thrift store selling gently used furniture, home décor, housewares, men's and women's clothing, accessories and collectibles. Inventory is continually changing, offering a unique shopping experience with each visit.

Proceeds support EveryStep's nonprofit programs, including hospice care, grief support and services for children and families.

Donate

Donations help us ensure our services are available to anyone who needs our care. Many of our support programs are offered at no charge, and no one is ever turned away from hospice care due to inability to pay. Donations of gently used items and quality goods help make a difference for our patients, clients and their families.

Volunteer

EveryStep Giving Tree is always looking for enthusiastic volunteers to manage the cash register, assist customers, set up displays, sort donations and more. If you are able to dedicate at least four hours per week, and would like to learn more about volunteering, please contact us today!

For More Information

To learn more about our store, visit everystepgivingtree.org. You'll find a list of items we can accept, store hours and a sign-up form to receive our newsletter.

(515) 270-2414



Careers with EveryStep

We make a difference. You can too!

The best careers are those filled with purpose, and with more than 100 different types of positions, EveryStep offers a wide range of opportunities for anyone wanting to make a difference.

At EveryStep, we walk alongside the people we serve, assuring no one is alone in facing life's challenges. Our direct care providers experience this journey every day, but our mission-driven culture is evident throughout the entire organization. Administrative and operational staff understand the important role they play in supporting our direct care workforce to ultimately better serve our clients, patients and families. In fact, 93% of our staff report that their job gives them a sense of personal satisfaction and 95% were proud to say they work at EveryStep.

When you join EveryStep, you are part of a nonprofit organization that has earned the trust of thousands of Iowans. We take that trust seriously, and we strive to provide a work experience that encourages integrity, respect, compassion, excellence and teamwork.

For more information, contact us at hr@everystep.org or (800) 806-9934

**Our own staff say it best.
Hear what they have to say by
visiting everystep.org/careers**



Ways to Support EveryStep

It takes a community of people to provide support during life's most difficult moments. As a non-profit organization, we are incredibly grateful to those who have chosen to be a part of the EveryStep family through their support.

Donate

There are many ways to give, including donations in honor or in memory of a loved one, planned giving, bequests, monthly giving and more.

In-Kind Donations

Donating items to our event auctions, Cheer Box program, EveryStep Giving Tree, Stork's Nest or our emergency pantry are just a few more ways you can make a difference.

Volunteer

We depend on hundreds of volunteers to help fulfill our mission, and we are always looking for people who want to give back to their community in a meaningful way.

Opportunities include:

- Helping with fundraisers and special events.
- Visiting hospice patients to provide comfort and support.
- Assisting at our thrift store in Urbandale.
- Helping at Grief & Loss support group.
- Sharing gardening or office skills at our facilities.

To learn more about our volunteer opportunities, contact your nearest EveryStep office or call **(800) 806-9934**.

Attend an Event

EveryStep's Amazing FundRacer – May 2025

Join us for this fun and fantastic journey across Des Moines. Decipher clues to find your next stop, complete physical and intellectual challenges, and work together to win. Proceeds support at-risk children and families served by EveryStep.

EveryStepsAmazingFundRacer.org

Good Grief Golf Outing – June 2025

Hit the links to support our grief support services, including Amanda the Panda.

GoodGriefGolf.org

Sip, Savor & Support – October 3, 2024

Sip, Savor & Support, EveryStep's signature fundraising event, will take place at Willow on Grand in Des Moines and feature a variety of culinary creations and drink pairings. Enjoy heavy hors' devours and our signature cocktail while shopping for extraordinary Iowa experiences at the silent auction. Proceeds benefit more than 30 programs including services for at-risk children and families, grief and loss services, hospice care and our quality-of-life program.

everystep.org/sipsavorsupport

Watch for these events and others on our @EveryStepIowa Facebook page and at **everystep.org/events**.



General Intake/Referrals
(515) 558-9946

Administration
(515) 274-3400
(800) 806-9934

Hospice Referrals
(515) 333-4552

Home Care Referrals
(844) 651-9130

e-mail
info@everystep.org

EveryStep 

everystep.org

3000 Easton Boulevard
Des Moines, Iowa 50317



Home Care and Hospice